



Tirzepatide for Weight Loss

Overview: Tirzepatide is a medication prescribed to manage blood sugar and can be used off-label to encourage weight loss. Tirzepatide is a GIP (glucose-dependent insulinotropic polypeptide) receptor and a GLP-1 (glucagon-like peptide-1) receptor agonist, both of which impact blood sugar and metabolic health.

Because of its dual effect on GIP and GLP-1, Tirzepatide may produce greater reductions of hyperglycemia (high blood sugar) compared to selective GLP-1 receptor agonists like Semaglutide. Tirzepatide also impacts the digestive system by slowing the digestive process, which can reduce hunger cravings and assist patients in adhering to a low-calorie diet.

Suggested Dosage:

2.5mg to 10mg of Tirzepatide, injected weekly as a subcutaneous injection.

Tirzepatide must be titrated or started at a lower dose and gradually increased over time, to help the body adjust to the medication. The maximum dose for Tirzepatide is a 10mg subcutaneous injection weekly, though patients may require smaller doses depending on their needs, lab results, and response to the medication.

Titration Schedule for Tirzepatide:

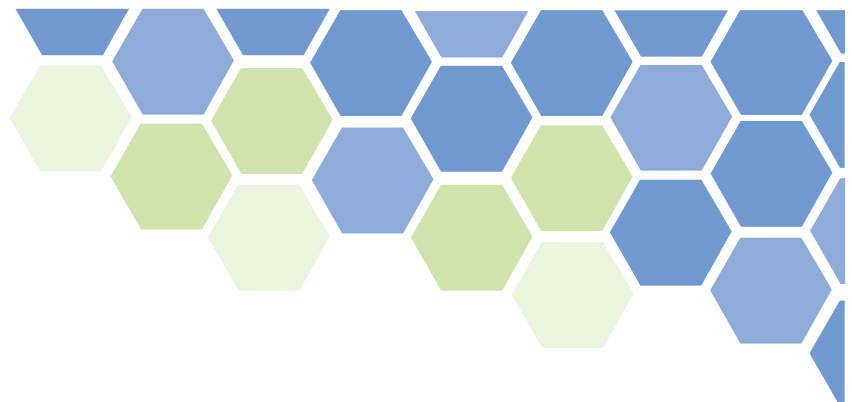
1. Start with a 2.5mg (0.25 mL or 25 units on an insulin syringe) subcutaneous injection weekly for 4 weeks.
2. After that, increase to a 5mg (0.5mL or 50 units on an insulin syringe) subcutaneous injection weekly.
3. Patients may continue to increase to 7.5mg (0.75mL or 75 units on an insulin syringe) weekly for at least 4 weeks, and then may increase to 10mg weekly (1mL or 100 units on an insulin syringe) for at least 4 weeks.

A provider will guide your titration schedule and final dosage, and it's important to follow your provider's instructions. Patient protocols may vary from the general guidelines provided here.

Combination Therapies:

Tirzepatide can be combined with other medications and supplements as appropriate under the supervision of a provider. The following products may be co-administered to potentiate effects:

- LIPO-C Injections
- B12 Injections
- Lipo Burn weight management products
- Bella weight management products
- LipoSculpt cream

**In Case of Side Effects:**

Side effects for Tirzepatide include nausea, constipation, heartburn, diarrhea, and other gastrointestinal issues due to its method of action. For patients who experience these side effects, there are medications and supplements that can help.

- Prescription Zofran for nausea
- Probiotics and fiber supplements for digestive issues
- Proton Pump Inhibitors (PPIs) like Nexium or antacid tablets like Tums for heartburn

Tirzepatide Injection	Vial Size	SKU	Patient Price
5mg/0.5ml	1mL	1316-hd	\$225